THE SOUL AND THE SHADOW

MUSIC AND LYRICS © 2022 CHARLIE WINTON (BMI)

CHARLIE WINTON – ACOUSTIC GUITARS, LEAD VOCALS SCOTT MATHEWS – DRUMS, BASS, ELECTRIC GUITARS, KEYBOARDS, PUMP ORGAN, LAP STEEL, PEDAL STEEL, DULCIMER, BACKING VOCALS TOM LUEKENS – STRINGS

PRODUCED BY SCOTT MATHEWS

ENGINEERED BY TOM LUEKENS RECORDED, MIXED & MASTERED @ TIKITOWN STUDIOS, MILL VALLEY, CA, SUMMER 2021 MIXED BY SCOTT MATHEWS, TOM LUEKENS, AND CHARLIE WINTON MASTERED BY TOM LUEKENS

ALBUM DESIGN AND ARTWORK BY KELLY WINTON

MELATRON MUSIC

CHARLIE WINTON

1. TRUE TO YOU (3:11) MUSIC AND LYRICS BY CHARLIE WINTON

YOU BETTER SAY, WHAT YOU WANNA SAY YOU'RE GONNA PAY, IF YOU'RE GONNA PLAY YOU BETTER DO, WHAT YOU WANNA DO BE TRUE, BE TRUE TO YOU

MEMORIES PLAY, IN THE PRISM OF OUR MIND THERE AIN'T NO REASON, THERE AIN'T NO RHYME THE HAND OF FATE, THE HAND OF TIME IT'S GONNA GO

WHERE IT WANNA GO YOU NEED TO KNOW, WHAT YOU NEED TO KNOW IF YOU'RE BLUE, BABY WE'LL GET THROUGH BE TRUE, BE TRUE TO YOU

BABY YOU KNOW I NEED YOU TONIGHT YOU'VE GOT THE LOVE, TO MAKE IT ALL RIGHT LET GO AND HOLD ON TIGHT LET'S GO

LET'S GO, WHERE WE WANNA GO WE'RE GONNA DO, WHAT WE WANNA DO IF WE'RE BLUE, BABY WE'LL GET THROUGH BE TRUE, BE TRUE TO YOU BE TRUE TO YOU BE TRUE TO YOU

MEMORIES PLAY, IN THE PRISM OF OUR MIND THERE AIN'T NO REASON, THERE AIN'T NO RHYME JUST THE HAND OF FATE, AND THE HAND OF TIME IT'S GONNA GO

TRUE TO YOU, TRUE TO YOU TRUE TO YOU







2. PANDEMIC BLUE (4:11) MUSIC AND LYRICS BY CHARLIE WINTON

OUTSIDE, LOOKING IN LATE AT NIGHT, A FEW OLD FRIENDS KNOCKING 'EM DOWN, THERE AND THEN IT WAS HARD TO TELL, IF THE WORLD MIGHT END

INSIDE, LOOKING OUT STRANGE DAYS, WITHOUT A DOUBT HOPE ON HOPE, AND CAST ABOUT FOR A MOMENT OF GRACE, AND THE LONG ROAD OUT

OUTSIDE, ALL ALONE CHECK YOUR MASK, CHECK YOUR PHONE CHECK YOUR HEART, AND CHECK YOUR HOME ONE THING FOR SURE, IT'LL ROLL YOUR BONES

INSIDE, FEELING BLUE COUNT THE DAYS, WATCH THE NEWS CUT THE CORD, AND PAY OUR DUES WHEN THE DARKNESS FADES, WILL IT ALL BE NEW

OUTSIDE, LOOKING ROUND WATCH YOUR STEP, YOU HIT THE GROUND ALL I HEAR, IS THE LONESOME SOUND ALL I KNOW, IT'S A MEAN OL' TOWN

INSIDE, IN THE DARK IT'S HARD TO FIND, THE SAME OLD SPARK THE TIMES HAVE CHANGED, WE MISSED THE MARK THERE'S A DEEP UNEASE, IN A WORLD SO STARK OUTSIDE, LOOKING IN LATE AT NIGHT, A FEW OLD FRIENDS TALKIN 'EM DOWN, THERE AND THEN BUT IT WAS HARD TO TELL, IF THE WORLD MIGHT END

INSIDE, LOOKING OUT STRANGE DAYS, WITHOUT A DOUBT HOPE ON HOPE, AND CAST ABOUT FOR A MOMENT OF GRACE, AND THE LONG ROAD OUT

3. THE RIDER (4:35) MUSIC AND LYRICS BY CHARLIE WINTON

IF THE SONG'S STILL PLAYING, THEN THE CLOCK IS TICKING BETTER USE OUR WITS, IF WE WANNA GET BY CAN'T YOU SEE, STANDING AT THE CROSSROADS HOPING THAT THE RIDER, IS ABOUT TO ARRIVE

WE RISE, WE FALL, ON THE STRENGTH OF CONVICTION DREAMING OF DAYS, WE HOPE TO REVIVE CALLING OUT, A LITTLE SALVATION HOPING THAT THE RIDER, IS ABOUT TO ARRIVE JUST HOPING THAT THE RIDER, IS ABOUT TO ARRIVE

SOONER OR LATER, GONNA SEE THAT IT MATTERS SOONER OR LATER, GONNA FEEL ALL THE RAGE ONCE IN A WHILE, GONNA LEAVE YOU IN TATTERS SOONER OR LATER, WE MUST TURN THE PAGE

IT'S HARD TO BELIEVE, THE CLOWN HAD THE WHEEL HARD TO BELIEVE, WE'RE EVEN ALIVE RUSHING DOWN, THAT RESTLESS HIGHWAY HOPING THAT THE RIDER, IS ABOUT TO ARRIVE HOPING THAT THE RIDER, IS ABOUT TO ARRIVE

THUNDER IS CRASHING, THE LIGHTENING IS FLASHING BETTER HEAD FOR COVER, IF WE WANNA SURVIVE HOLD ON TIGHT, A RECKONINGS COMING JUST HOPING THAT THE RIDER, IS ABOUT TO ARRIVE HOPING THAT THE RIDER, IS ABOUT TO ARRIVE

SOONER OR LATER, GONNA SEE THAT IT MATTERS SOONER OR LATER, GONNA FEEL ALL THE RAGE ONCE IN A WHILE, GONNA LEAVE YOU IN TATTERS SOONER OR LATER, WE MUST TURN THE PAGE JUST HOPING THAT THE RIDER, IS ABOUT TO ARRIVE JUST HOPING THAT THE RIDER, IS ABOUT TO ARRIVE JUST HOPING THAT THE RIDER, IS ABOUT TO ARRIVE JUST HOPING ...



4. THE SOUL AND THE SHADOW (2:52) MUSIC AND LYRICS BY CHARLIE WINTON

CALLING AHEAD, FOR THE NEW SOLUTION CHECKING THE FUEL, IT'S THAT TIME YOU SEE HOPING FOR HELP, WITH AN OLD ILLUSION LOOKING FOR A LITTLE ... DIGNITY LOOKING FOR A LITTLE ... DIGNITY

EVERYONE, WANTS, TO BELIEVE GONNA BE ALL RIGHT, BE ALL RIGHT, WE'LL SEE

WALKING THE LINE, 'TWEEN THE SOUL AND THE SHADOW WEIGHT OF THE WORLD, IT'S ON TOP OF ME CHECKING THE PAGE, FOR THE REVELATION LOOKING FOR A LITTLE ... MYSTERY JUST LOOKING FOR A LITTLE ... MYSTERY

EVERYONE, WANTS, TO BELIEVE IT'S GONNA BE ALL RIGHT, BE ALL RIGHT, WE'LL SEE

CHASING THE CHANCE, OF A NEW CONFUSION FEELING THE FIRE, I DON'T BARELY SEE SEARCHING MY SOUL, FOR AN EVOLUTION LOOKING FOR A LITLE ... OH, HARMONY JUST LOOKING FOR A LITLE ... HARMONY

EVERYONE, WANTS, TO BELIEVE IT'S GONNA BE ALL RIGHT, BE ALL RIGHT, WE'LL SEE



5. WILD IN THE STREETS (3:47) MUSIC AND LYRICS BY CHARLIE WINTON

DOWN IN THE METRO, GOT THE WHITE OUT BLUES THE THREE YOUNG TOUGHS, PAY THEIR DUES RUNNIN' AROUND, GOT NOTHING TO LOSE LOOKIN' FOR SOMETHING, TO LIGHT THAT FUSE

WELL IT'S WILD IN THE STREETS, EVERYDAY WILD IN THE STREETS, THE YOUNG PUNKS SAY WILD IN THE STREETS, THE ONLY WAY EVERYDAY

LOOKING AROUND, BABY WHAT DO THEY SEE PEOPLE AND PLACES, AIN'T TOO FRIENDLY IT SEEMS NOWHERE THE TRACES, OF A SPIRIT THAT BREATHES BROKEN FACES, BROKEN DREAMS

LET'S GET WILD IN THE STREETS, EVERYDAY WILD IN THE STREETS, THE YOUNG PUNKS SAY WILD IN THE STREETS, THE ONLY WAY EVERYDAY

TELL ME NO REASONS I'LL YOU TELL NO LIES IT'S SOMETIME HERE, AND THEN IT FLIES AND WHEN IT'S NEAR, IT SOMETIME DIES YOU GOT TO FIND IT, BEFORE IT HIDES

WELL IT'S WILD IN THE STREETS, EVERYDAY WILD IN THE STREETS, THE YOUNG PUNKS SAY WILD IN THE STREETS, THE ONLY WAY EVERYDAY I LOOK IN THE MIRROR, AND DOWN THE HALL I GET SO LOW, WHEN YOU ACT SO SMALL OUT IN THE CAFÉ, DOWN ON THE STREET I FEEL SO FINE, YOU ACT SO SWEET

LET'S GET WILD IN THE STREETS, EVERYDAY WILD IN THE STREETS, THE YOUNG PUNKS SAY WILD IN THE STREETS, THE ONLY WAY EVERYDAY ... EVERYDAY

DOWN IN THE METRO, GOT THE WHITE OUT BLUES THREE YOUNG TOUGHS, PAY THEIR DUES RUNNIN' AROUND, NOTHING TO LOSE LOOKIN' FOR SOMETHING, TO LIGHT THAT FUSE LOOKIN' FOR SOMETHING, TO LIGHT THAT FUSE LOOKIN' FOR SOMETHING

WELL IT'S WILD IN THE STREETS, EVERYDAY WILD IN THE STREETS, THE YOUNG PUNKS SAY WILD IN THE STREETS, THE ONLY WAY

EVERYDAY EVERYDAY ... THE ONLY WAY ... EVERYDAY

6. SAD SONG SINGING (4:03) MUSIC AND LYRICS BY CHARLIE WINTON

DON'T THINK TWICE, DON'T BELIEVE A WORD CUT YOU BABY, LET YOU BLEED NO MAN'S LAND, ALL FAIR GAME USE YOU UP, NO BIG DEAL

WHEN HE WENT DOWN, GUNS A BLAZING TO THIS DAY, FLAME BURNS BRIGHT CROSS THE LINE, TAKE YOUR CHANCES CAN'T TURN BACK, YOU SEE THE LIGHT

NO GO, IF YOU GO SLOW WHO CARES, BABY YOU DON'T DARE THINK FAST, IT DON'T LAST OH WE CHOOSE, THEN WE LOSE

BYE BYE JOHNNY, SURE WAS GOOD DIDN'T SEE THE EVIL, FEEL THE PAIN DEEP DOWN, LIKE A SAD SONG SINGING PLAYING MY BRAIN AGAIN AND AGAIN

IT GOES - NO GO, IF YOU GO SLOW WHO CARES, BABY YOU DON'T DARE THINK FAST, IT DON'T LAST OH WE CHOOSE, THEN WE LOSE

NO GO, IF YOU GO SLOW WHO CARES, BABY YOU DON'T DARE THINK FAST, IT DON'T LAST OH WE CHOOSE, THEN WE LOSE

NO GO, IF YOU GO SLOW WHO CARES, YOU DON'T DARE THINK FAST, IT DON'T LAST



7. BURNING THE PAST (3:00) MUSIC AND LYRICS BY CHARLIE WINTON

EVERYTHING COMES, EVERYTHING GOES ENCHANTED DESIRE, RIBBONS & BOWS OH THE GREAT BEYOND, NOBODY KNOWS BURNING THE PAST, I CAN ONLY SUPPOSE

ANYONE RISE, ANYONE FALL ON THE CUSP, ONLY TO STALL GOTTA KEEP YOUR EYES OPEN, THERE'S BRIDGES, THERE'S WALLS MOVING ON UP, OR LEARNING TO CRAWL

NEVER GIVE UP

NEVER GIVE UP, NEVER GIVE IN SOMETIME SEEMS, LIKE A TIRED OLD SPIN BUT THE HEART OF THE MATTER, YOU CAN ONLY BEGIN WHEN YOU HEAL YOURSELF, WITH THE LOVE THAT'S WITHIN

A RIVER OF JOY, A RIVER OF TEARS DON'T HESITATE, WHEN THE TRICKSTER APPEARS GRAB THAT BUNDLE OF DREAMS, AND JUMBLE OF FEARS LAY DOWN THAT BURDEN, IT'S TIME TO CHANGE GEARS

WHATEVER YOU DO, WHATEVER YOU FIND IN MYSTERIOUS WORLD, IN MYSTERIOUS MIND GOTTA LIVE WITH COMPASSION, PLAY IT IN KIND COME BACK TO YOU, IN A MATTER OF TIME

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ANYONE RISE, ANYONE FALL ON THE CUSP, ONLY TO STALL KEEP YOUR EYES OPEN, THERE'S BRIDGES, THERE'S WALLS MOVING ON UP, OR LEARNING TO CRAWL NEVER GIVE UP, NEVER GIVE IN IT SOMETIMES SEEMS, LIKE A TIRED OLD SPIN BUT THE HEART OF THE MATTER, YOU CAN ONLY BEGIN WHEN YOU HEAL YOURSELF, WITH THE LOVE THAT'S WITHIN

EVERYTHING COME, EVERYTHING GO ENCHANTED DESIRE, RIBBONS & BOWS OH THE GREAT BEYOND, NOBODY KNOWS BURNING THE PAST, I CAN ONLY SUPPOSE



8. RUNAROUND (4:07) MUSIC AND LYRICS BY CHARLIE WINTON

RUN AROUND, RUN AROUND, HOW CAN IT BE YOU GOT TO TAKE HOLD, OF YOUR DESTINY CAN'T LET GO, AND JUST LET IT BE RUN AROUND, RUN AROUND, RUN AROUND ME

RUN AROUND, RUN AROUND, HOW DO YOU DO SAVE OUR SOUL, OUR SANITY TOO BEEN HERE BEFORE, AND KNOW WHAT TO DO RUN AROUND, RUN AROUND, RUN AROUND YOU

YOU'VE GOTTA STAND WHILE WE CAN NEVER KNOW WHAT YOU MIGHT LOSE YOU GOTTA FIGHT, FOR THE LIGHT WHEN THE DARKNESS SWIRLS AROUND YOU

RUN AROUND, RUN AROUND, DOWN IN A MAZE CAN'T REALLY SEE, JUST LOST IN THE HAZE DEEP IN THE JOURNEY, ANOTHER PHASE RUN AROUND, RUN AROUND, TIME TO GET BLAZED

RUN AROUND, RUN AROUND, SEEMS LIKE WE'RE LOST THE HARD TRUTH, THERE'S ALWAYS A COST COMPASSION AND REASON, JUST GETS TOSSED THE LINE IN THE SAND'S, ALREADY'S BEEN CROSSED

YOU GOTTA STAND WHILE YOU CAN YOU NEVER KNOW WHAT YOU MIGHT LOSE YOU GOTTA FIGHT, FOR THE LIGHT WHEN THE DARKNESS SWIRLS AROUND YOU YOU GOTTA STAND WHILE YOU CAN OH YOU NEVER KNOW WHAT YOU MIGHT LOSE YOU GOTTA FIGHT, FOR THE LIGHT WHEN THE DARKNESS SWIRLS AROUND YOU

RUN AROUND, RUN AROUND, HOW FAST CAN YOU GO READY OR NOT, IT'S ON WITH THE SHOW A STRANGE WIND, CONTINUES TO BLOW A DIFFERENT DAY, THAN LONG AGO

RUN AROUND, RUN AROUND, STILL ON THE MOVE WIDE OPEN, DOWN IN THE GROOVE FOR BETTER OR WORSE, GOT NOTHING TO PROVE RUN AROUND, RUN AROUND, NOTHING TO LOSE

YOU GOTTA STAND, WHILE YOU CAN OH YOU NEVER KNOW WHAT YOU MIGHT LOSE YOU GOTTA FIGHT, FOR THE LIGHT WHEN DARKNESS SWIRLS AROUND YOU

STAND, WHILE YOU CAN NEVER KNOW WHAT YOU MIGHT LOSE YOU GOTTA FIGHT, FOR THE LIGHT WHEN THE DARKNESS SWIRLS AROUND YOU



9. AUTUMN LEAVES ARE FALLING (2:51) MUSIC AND LYRICS BY CHARLIE WINTON

AUTUMN LEAVES ARE FALLING, MY HEARTSTRINGS CALLING I'M MOVING TO THE RHYTHM, OF THE SONG UNSUNG WE TRY TO FIGHT THE SORROW, OF YESTERDAY'S TOMORROW OLD FRIENDS LOST, IN THE SHADOW ROUND THE BEND

AND AS I MAKE THE ROUNDS, AN EMPTINESS ABOUNDS IT'S HARD TO RECONCILE, THE WAY THINGS DISAPPEAR I'M TIRED OF THE WAITING, ALWAYS HESITATING FLOATING IN THE VOID, OF FADING MEMORY

AND IF I KNEW THE WAY, WHAT MORE WOULD I SAY TO LOOK FOR THE LAUGHTER, IN THE NEW DAY'S DAWN CHERISH ALL THE HIGH TIMES, READ BETWEEN THE FINE LINES REACH FOR THE MOMENT, GET READY TO RECEIVE

I SAID, IF I KNEW THE WAY, WHAT MORE WOULD I SAY TO LOOK FOR THE LAUGHTER, IN THE NEW DAY'S DAWN CHERISH ALL THOSE HIGH TIMES, READ BETWEEN THE FINE LINES REACH FOR THE MOMENT, GET READY TO RECEIVE

AUTUMN LEAVES ARE FALLING, MY HEARTSTRINGS CALLING I'M MOVING TO THE RHYTHM, OF THE SONG UNSUNG WE TRY TO FIGHT THE SORROW, OF YESTERDAY TOMORROW OLD FRIENDS LOST, IN THE SHADOW ROUND THE BEND

I SAID, AUTUMN LEAVES ARE FALLING, MY HEARTSTRINGS CALLING I'M MOVING TO THE RHYTHM, OF THE SONG UNSUNG WE TRY TO FIGHT THE SORROW, OF YESTERDAY TOMORROW OLD FRIENDS LOST, IN THE SHADOW ROUND THE BEND OLD FRIENDS LOST, IN THE SHADOW ROUND THE BEND OLD FRIENDS LOST....





TOM, CHARLIE, SCOTT, AND LU

HUGE THANKS TO SCOTT & TOM FOR ALL THE CREATIVE ENERGY AND MAKING THE SESSIONS SUCH A BLAST

SPECIAL GRATITUDE TO BARBARA FOR ALL HER LOVE AND INSPIRATION THANKS TO JACK & KELLY FOR THEIR LOVE AND SUPPORT

MUCH APPRECIATION TO MIKE MARTINELLI FOR SHOWING THE WAY, THE GREAT SELVINO FOR THE CONNECTION, DAVE EAKIN, STEVE HOPKINS, DAVE BULLEN, & BARBARA FOR JAMMING AND HANGING